Covid-19 Client Resource Packet

Contra Costa County Office of the Public Defender

Updated 3/29/20

You are reentering your community in the midst of a global health crisis. COVID-19 (coronavirus) has changed day to day life drastically. Courts and schools are closed, and many non-essential businesses and activities are shut down for the time being. On Tuesday, March 17, San Francisco, Santa Clara, San Mateo, Marin, Contra Costa, and Alameda counties were ordered to "shelter in place" until at least April 7th, with the exception of "essential" activities.

Everyone is required to stay home except to get food, care for a relative or friend, get necessary health care, or go to an essential job. You are allowed to go outside to walk, run, or exercise, but must stay at least six feet away from other people. The order may be extended depending on recommendations from public health officials.

This resource packet is designed to provide you with up to date information about how to access and secure resources in these uncertain times.

Spanish language resource information can be found here

https://docs.google.com/document/d/10P9y fr7sbtgWyzrpunPO3euCPxNJqydgVg3idn zksQ/edit

Table of Contents

Contra Costa Courts; Public Defenders Offi	ce; Probation3
Financial Assistance	4
Reentry Service Hubs	6
Housing and Shelters	6
Food	8
Mental Health Treatment	20
Substance Abuse Treatment	20
Medical Resources	24
Education and Child Care	26
Immigration	

CONTRA COSTA COURTS

Courts are closed through **APRIL 30**, **2020**, with the exception of certain emergency criminal and juvenile matters. The closure may be extended to a later date. Unless you are told otherwise by your lawyer, you DO NOT have court, and should not come to court if the court date falls during the closure period. Please contact your attorney for more information about future court dates. More information can be found here: http://www.cc-courts.org/

PUBLIC DEFENDERS OFFICE

Public Defender attorneys and staff are working during the court closure. Contra Costa Public Defenders understand that this abrupt court closure will cause confusion and hardship for our clients and their loved ones, and we are here to help. https://www.cocopublicdefenders.org/

***Closed for walk-ins, with the exception of the Main Branch in Martinez.

Main Branch

800 Ferry St, Martinez, CA 94553 (925) 335-8000

Richmond Branch

3811 Bissell Avenue Richmond, CA 94805 (510) 412-4900

Alternate Defender Office

627 Ferry St Martinez, CA 94553 (925) 335-8181

Walnut Creek Branch

2020 N. Broadway, Suite 208 Walnut Creek, CA 94596 (925) 608-4400

PROBATION

- Antioch, Martinez, and Richmond offices have all been closed until April 7th, although this date could be extended. Minimal essential staff are reporting to the worksites to maintain social distancing, however the majority of staff have been directed to work from home.
- Face to Face client contact has been temporarily suspended. Deputies will be making contact via telephone, text, skype/FaceTime and email where possible.
- Mandatory drug testing has been temporarily suspended.
- Individuals on probation may still contact their assigned Deputy Probation Officer by telephone. If you are seeking general information regarding the Probation Department, please call one of the offices listed below.

Martinez Office: (925) 313-4000
 Antioch Office: (925) 431-1600
 Richmond Office: (510) 231-6500

AB 109 Office of Reentry and Justice - Offers a broad array of reentry services for those on AB 109. Phone number: (925) 335-1097

FINANCIAL ASSISTANCE

Unemployment Insurance Claim: For those whose employer has reduced hours or shut down operations due to COVID-19. Provides partial wage replacement. Parents taking care of kids whose schools have closed may be eligible for benefits. Unfortunately, this benefit is not available to undocumented people whose hours are reduced or lose their job for reasons related to COVID-19.

https://www.edd.ca.gov/Unemployment/Filing a Claim.htm

Unemployment Insurance Statewide Toll-Free Numbers

English: 1-800-300-5616 Spanish: 1-800-326-8937

Direct Cash Payments from the Federal Government (Coronavirus stimulus check)

Depending on income and family size, many people will be eligible for direct cash payments ranging between \$500 and \$1,200, as well as \$500 for every child under 16. You need a social security number, and to have filed taxes. The IRS should transfer money into your bank account via direct deposit.

Federal Unemployment Benefits: Under the new Stimulus Bill, those who are unemployed, partially unemployed, or who cannot work for a wide variety of coronavirus-related reasons

would be more likely to receive benefits. Eligible workers would get an extra \$600 per week on top of state unemployment benefits

United Way - COVID-19 Community Response and Recovery Fund

Provides financial support for rent, bills, and food.
-Call Bay Area 2-1-1, or contact United Way Bay Area directly 550 Kearny St, Suite 1000
San Francisco, CA 94108
(415) 808-4300

Disability Insurance (DI) Claim: For those unable to work due to having or being exposed to COVID-19. You can collect the first week that you are out of work; the typical waiting period has been waived.

https://www.edd.ca.gov/Disability/How_to_File_a_DI_Claim_in_SDI_Online.ht m

Disability Insurance Statewide Toll-Free Numbers

English: 1-800-480-3287 Spanish: 1-866-658-8846

State Disability Insurance Office Locations

7677 Oakport Street, Suite 325 Oakland, CA 94621

745 Franklin Street, Suite 300 San Francisco, CA 94102

606 Healdsburg Avenue Santa Rosa, CA 95401

3127 Transworld Drive, Suite 150 Stockton, CA 95206-4988

Paid Family Leave Claim: For those unable to work due to caring for an ill or quarantined family member with COVID-19.

 $https://www.edd.ca.gov/Disability/How_to_File_a_PFL_Claim_in_SDI_Online.htm$

Paid Family Leave Statewide Toll-Free Numbers

English: 1-877-238-4373 Spanish: 1-877-379-3819 **Oakland:** East Oakland DREAMer emergency fund (up to \$250, applicants must be migrant youth 15-30 years old or migrant guardian of youth aged 0-20) https://tinyurl.com/COVIDMigrantYouthRelief

Students, Parents of Students, Graduates: Scholly is providing \$200 in cash assistance. We aim to provide essential financial help to buy groceries, health supplies, and other necessities to those in need. If you're a student, parent of a student, or graduate, we encourage you to apply today.

REENTRY SERVICE HUBS

Reentry Service Hubs provide navigation and connection to service providers based on need and availability of resources. They provide countywide reentry service connection through the Office of Reentry and Justice.

West County:

Reentry Success Center - closed for walk-ins - services available by phone only from 8:30 am to 8:30 pm for the time being. (510) 679-2122. http://reentrysuccess.org/about-us/

Central and East County:

Reentry Network at HealthRIGHT 360 - 1(844) 819-9840

HOUSING AND SHELTERS

Call 211 or text "HOPE" to 20121

There are 3 points of entry to the County's homeless Coordinated Entry System:

- 1) 211
- 2) C.O.R.E. outreach

3) C.A.R.E. centers

Call 211 or text "HOPE" to 20121 to be referred and/or connected to the most appropriate and available resource which may include: referral to a specific agency; connection to C.O.R.E. outreach that has staff that can travel to the person in need; or connection to a shelter directly.

Additionally, people can walk into C.A.R.E. Centers to connect with a variety of services including showers, laundry, food, case management, and referral and connection to other services.

C.A.R.E. Centers

GRIP (Greater Richmond Interfaith Program)

165 22nd St. Richmond

(510) 233-2141

M-F 9am - 5pm

Trinity Center

1300 Boulevard Way, Walnut Creek [note location will be changing some time this Spring]

(925) 949-8712

M-F, 8am - 4pm

Wednesdays: noon - 4pm is Women Only

Oakland: East Oakland Collective is offering supplies and food for seniors, unhoused people, people with compromised immune systems. Please contact EOC for availability of supplies and food at 510-990-0775.

FOOD

Safeway, Whole Foods, Target and several other markets and retail stores are setting aside hours just for "at-risk" shoppers, including senior citizens, pregnant people and other people with vulnerable immune systems. <u>Safeway</u> invites "at-risk" shoppers from 7-9 a.m. Tuesday and Thursday; <u>Whole Foods</u> invites customers 60 and older to stores one hour before opening to the public; <u>Target</u> reserves the first hour on Wednesdays to "vulnerable guests;" <u>Dollar General</u> reserves the first hour of every business day to senior shoppers

WIC Services - Now available by phone

If your income has been affected by recent events, and you are pregnant, recently had a baby, or have an infant or child under the age of five, you may be qualified to receive WIC services. Applying is easy and quick. You will receive your food benefits within a few days. You can apply online at <u>cchealth.org/wic</u> or call 1 (800) 414-4WIC.

Loaves and Fish of Contra Costa ***One of the few locations currently open for groceries and meals (pick up only)

Website: https://www.loavesfishescc.org/

Phone: (925) 293-4792

Hours: Monday-Friday, 11am-12:45pm

Martinez - 835 Ferry St., Oakley - 1403 Main Street Antioch - 403 W. 6th Street Pittsburg - 1415 Simpson Court

CalFresh Benefits - It is possible to apply for CalFresh food stamp benefits online from your phone or computer. If you or your family-members have recently lost your job(s) and currently have no income or reduced income, you could be eligible to receive a monthly cash benefit for groceries. If you have less than \$150 on hand, you could be eligible to receive these benefits within 3 days.

https://www.getcalfresh.org/en.signposts/application/basic info

West County

West Contra Costa County Unified School District

Meals can be picked up from 11:00 am to 1:00 pm – Monday through Friday. You may also call **211** or **1-855-309-FOOD (3663)**

- De Anza High School
- Kennedy High School

- Pinole Valley High School
- Richmond High School
- DeJean Middle School
- Helms Middle School
- Nystrom Elementary School
- Montalvin Elementary School
- Riverside Elementary School

Central/East County Food Information

Martinez Unified School District

Breakfast and lunch will be handed out during the weekdays. **Martinez Junior High School gymnasium**, **11:00 to 12:30**.

Mount Diablo Unified School District

Breakfast and lunch will be handed out during the weekdays. Sorry but service times could not be determined, please call the school district for further information -925.682.8000. (Starting tomorrow 3/17/20).

- Cambridge Elementary
- Meadow Homes Elementary
- El Dorado Middle
- Foothill Middle
- Riverview Middle
- College Park High
- Mt. Diablo High
- Ygnacio Valley High

Pittsburg Unified School District

Breakfast and lunch 7:30 - 9:30, Monday - Friday.

- Foothill ES (1200 Jensen Dr.)
- Heights ES (40 Seeno St.)
- Highlands ES (4141 Harbor St.)
- Los Medanos ES (610 Crowley Ave.)
- Marina Vista ES (50 East 8th St.)
- Parkside ES (985 West 17th St.)
- Stoneman ES (2929 Loveridge Rd.)
- Willow Cove ES (1880 Hanlon Way)
- Martin Luther King Junior JHS (2012 Carion Court)

• Pittsburg High School (1750 Harbor St.)

Antioch Unified School District

- Belshaw Elementary: 8:00-8:30 am, 12:00-12:30 pm
- Fremont Elementary: 8:00-8:30 am, 12:00-12:30 pm
- Lone Tree Elementary: 11:30-12:30 pm
- Marsh Elementary: 8:00-8:30 am, 12:00-12:30 pm
- Muir Elementary: 8:00-8:30 am, 12:00-12:30 pm
- Park Middle School: 8:00-8:30 am, 12:15-1:00 pm
- Turner Elementary: 11:30 am -12:30 pm

Brentwood Union School District

Will provide lunch and the next day's breakfast. Meals can be picked up between 11:00 - 1:00 pm, Monday – Friday. Please stay in your car. Meals will be passed to as many children that are in the car.

- Brentwood Elementary 200 Griffith Lane (main parking lot)
- Pioneer Elementary 2010 Shady Willow Lane (bus loop)
- Edna Hill Middle School 140 Birch Street (bus loop near front office)

Community Food & Nutrition Resources

Food Bank of Contra Costa and Solano County

Website: https://www.foodbankccs.org/ Phone: (925) 676-7543

Address: 4010 Nelson Ave., Concord Hours: Monday-Friday, 8am – 430pm

West Contra Costa County

Bay Area Rescue Mission

Website: https://www.bayarearescue.org/

Phone: (510) 215-4887

Address: 123 MacDonald Ave., Richmond

All West Contra Costa/Richmond Food Pantry

Website: https://www.foodbankccs.org/

Phone: (925) 676-7543

Address: 2369 Barrett Ave., Richmond Hours: Monday-Friday, 8am – 430pm

MacArthur Community Baptist Church

Phone: (510) 232-0258

Address: 2301 Rumrill Blvd, Room 27, San Pablo

Northwest County Share/Manna: Rodeo/Hercules/Pinole

Phone: (510) 262-7710

Address: 151 Linus Pauling Drive, Hercules

Hours: Monday-Friday, 8am-430pm

Salvation Army Food Pantry (multiple locations)

Website: https://www.salvationarmyusa.org/usn/ http://elsobrante.salvationarmy.org

Phone: (510) 262-7710

Address: 4600 Appian Way, El Sobrante Hours: Monday-Friday, 9am – 4pm

Central/East Contra Costa County

East County Boys and Girls Club

Website: http://bgcec.org Phone: (925) 439-5933

Address: 1001 Stoneman Ave.,

Pittsburg Hours: Monday-Friday, 7am-6pm

Monument Crisis Center

Phone: (925) 825-7751

Address: 1990 Market St., Concord

Emergency Groceries: Friday, March 20, 2020 (9am -12noon); Monday, March 23, 2020 (9am

-12noon); Tuesday, March 24, 2020 (9am -12noon)

Pittsburg Emergency Food Pantry

Phone: (925) 439-1199 Address: 585 West 10th St.,

Pittsburg Hours: Monday-Friday, 9am-5pm

Food Bank of Contra Costa and Solano County

Website: https://www.foodbankccs.org/

Phone: (925) 676-7543

Address: 4010 Nelson Ave., Concord Hours: Monday-Friday, 8am – 430pm

Grace Bible Fellowship Church

Phone: (925) 522-2017

Address: 3109 Lone Tree Way, Antioch

Contra Costa County Food Programs

Hours and availability has changed during the pandemic, and at some locations, programs are no longer available in person. Please call prior to going, to make sure locations are open.

Antioch (https://www.foodbankccs.org/get-help/foodbycity/get-food-antioch.html)

Community Produce Program (15-20 FREE fresh produce, 2x/month)

- Antioch Health Center, 2335 Country Hills Dr., Antioch (2nd & 4th Monday, 10:00-11:00am)
- Salvation Army-Antioch, 620 E. Tregallas Rd, Antioch (2nd & 4th Wednesday, 12:00-1:00pm)
- **Jubilee Christian Center**, 11 Texas St, **Antioch** (2nd & 4th Wednesday, 2:00-3:00pm)
- **Mission Elementary**, 1711 Mission Dr, **Antioch** (2nd & 4th Wednesday, 4:00-5:00pm)
- Antioch Kinder Care, 2300 Mahogany Way, Antioch 2nd & 4th Thursday, 4:00-5:00pm
- CalFresh Office (EHSD), 4545 Delta Fair Blvd, Antioch, 1st & 3rd Friday, 11:00am-12:30pm
- **St, Ignatius Antioch**, 3351 Contra Loma Blvd, **Antioch**, 1st & 3rd Friday, 3:30-4:30pm
- **Holy Rosary**, 1313 A St, **Antioch**, 1st & 3rd Friday, 1:30-3:00pm
- Antioch High School, 700 W. 18th St, Antioch, 2nd & 4th Saturday, 10:00-11:00am
- Carmen Dragon Elementary, 4721 Vista Grande Dr, Antioch, 2nd & 4th Saturday, 12:00-1:00pm
- Marsh Elementary, 2304 G St, Antioch, 2nd & 4th Saturday, 2:00-3:00pm
- West River Town Apartments, 811 W. 4th St, Antioch, 2nd & 4th Sunday, 2:30-3:30pm

Food Assistance Program (FREE groceries, 1x/month)

• American Legion Hall, 403 W. 6th St, Antioch (1st Wednesday, 10:00am-12:00pm)

Food for Children (Boxes of FREE food for children 4-6)

• American Legion Hall, 403 W. 6th St, Antioch (1st Wednesday, 10:00am-12:00pm)

<u>Senior Food Program</u> (FREE groceries twice a month)

• Golden Hills Mission Outreach, 525 East 18th St, Antioch (2nd & 4th Thursday, 11:00am-12:00pm)

Bay Point (https://www.foodbankccs.org/get-help/foodbycity/get-food-bay-point.html)

Community Produce Program (15-20 FREE fresh produce, 2x/month)

- **Rio Vista Elementary**, 611 Pacifica Ave, **Bay Point** (1st & 3rd Tuesday, 4:00-5:00pm)
- Ambrose Teen Center, 3105 Willow Pass Rd, Bay Point (1st & 3rd Thursday, 4:00-5:00pm)

<u>Food Assistance Program</u> (FREE groceries, 1x/month)

• **Ambrose Teen Center**, 3105 Willow Pass Rd, **Bay Point** (4th Wednesday, 10:00am-12:00pm)

Food for Children (Boxes of FREE food for children 4-6)

• Ambrose Teen Center, 3105 Willow Pass Rd, Bay Point (4th Wednesday, 10:00am-12:00pm)

<u>Senior Food Program</u> (FREE groceries twice a month)

• First African Methodist Episcopal Church, 2915 Willow Pass Rd, Bay Point (2nd & 4th Thursdays, 9:30-10:30am)

Brentwood, Oakley, Bethel Island

(https://www.foodbankccs.org/get-help/foodbycity/get-food-brentwood.html)

Community Produce Program (15-20 FREE fresh produce, 2x/month)

- Immaculate Heart of Mary, 500 Fairview Ave, Brentwood (2nd & 4th Tuesday, 12:00-1:00pm)
- The Commons, 53 Carol Ln, Oakley (2nd & 4th Tuesday, 2:00-3:00pm)
- **Brentwood Community UMC** (218 Pine St, **Brentwood**, 2nd & 4th Tuesday, 4:00-5:00pm)
- New Covenant Church, 6080 Bethel Island Rd, Bethel Island (1st & 3rd Sunday, 1:00-2:00pm)
- The Dwelling Place Church, 90 Village Dr, Brentwood (1st & 3rd Sunday, 3:00-4:00pm)

Food Assistance Program (FREE groceries, 1x/month)

• **Brentwood Community UMC**, 218 Pine St, **Brentwood** (Monday & Wednesday, 9:00am-12:00pm)

Food for Children (Boxes of FREE food for children 4-6)

• **Brentwood Community UMC**, 218 Pine Street, **Brentwood** (Monday & Wednesday, 9:00am-12:00pm)

Senior Food Program (FREE groceries twice a month)

- St. Anthony's Church, 971 O'Hara Ave, Oakley (2nd & 4th Thursday, 9:30-10:30am)
- **Brentwood Senior Center**, 193 Griffith Ln, **Brentwood** (2nd & 4th Thursday, 10:00-11:00am)

Concord (https://www.foodbankccs.org/get-help/foodbycity/get-food-concord.html)

<u>Community Produce Program</u> (15-20 FREE fresh produce, 2x/month)

- Monument Crisis Center, 1990 Market St, Concord (2nd & 4th Monday, 2:00-3:00pm)
- **Church of the Nazarene**, 1650 Ashbury Dr, **Concord** (1st & 3rd Wednesday, 12:00-1:00pm)
- WIC Concord, 2355 Stanwell Cir, Concord (1st & 3rd Wednesday, 2:00-3:00pm)
- **St. Bonaventure's Church**, 5562 Clayton Rd, **Concord** (1st & 3rd Wednesday, 4:00-5:00pm)
- La Clinica de la Raza, 2000 Sierra Rd, Concord (1st & 3rd Saturday, 10:00-11:00am)
- Cambridge Elementary, 1135 Lacey Ln, Concord, (1st & 3rd Saturday, 12:00-1:00pm)
- Mt. Diablo High School, 2611 East St, Concord, (1st & 3rd Saturday, 2:00-3:00pm)

Food Assistance Program (FREE groceries, 1x/month)

• **Church of the Nazarene**, 1650 Ashbury Dr, **Concord** (4th Monday, 10:00am-12:00pm)

<u>Food for Children</u> (Boxes of FREE food for children 4-6)

• Church of the Nazarene, 1650 Ashbury Dr, Concord (4th Monday, 10:00am-12:00pm)

<u>Senior Food Program</u> (FREE groceries twice a month)

• Good Shepherd Lutheran Church, 4000 Clayton Road, Concord (1st and 3rd Thursday, 10:00am-11:00am)

• Rainbow Community Center, 2118 Willow Pass Road #500, Concord (1st and 3rd Thursday, 10:00am-12:00pm)

Hercules, Crockett, Pinole, El Sobrante

(https://www.foodbankccs.org/get-help/foodbycity/get-food-herculescrockettpinoleel-sobrante .html)

<u>Community Produce Program</u> (15-20 FREE fresh produce, 2x/month)

- Hercules Senior Center, 111 Civic Dr, Hercules (1st & 3rd Tuesday, 11:00am-12:00pm)
- **Davis Park**, 1651 Folsom Ave, **San Pablo** (2nd & 4th Friday, 12:00-1:00pm)
- West County Health Center, 13601 San Pablo Ave, San Pablo (2nd & 4th Saturday, 2:00-3:00pm)

Food Assistance Program (FREE groceries, 1x/month)

- **Moose Lodge #550**, 4660 Appian Way, **El Sobrante** (2nd Monday, 10:00-11:30am)
- Montara Bay Community Center, 2250 Tara Hills Dr, San Pablo (2nd Monday, 10:00-11:30am)
- Bayo Vista Child Care Center, 2 California St, Rodeo (2nd Tuesday, 10:00am-12:00pm)

<u>Food for Children</u> (Boxes of FREE food for children 4-6)

• WIC San Pablo, 501 Gateway Ave, San Pablo (Last Friday, 10:00am-12:00pm)

<u>Senior Food Program</u> (FREE groceries twice a month)

- Maple Hall, 13831 San Pablo Ave, San Pablo (1st & 3rd Friday, 10:30-11:30am)
- Moose Lodge #550, 4660 Appian Way, El Sobrante (1st & 3rd Friday, 11:00am-12:00pm)
- Rodeo Senior Center, 199 Parker Ave, Rodeo (2nd & 4th Friday, 9:00-10:00am)

Martinez, Pleasant Hill

(https://www.foodbankccs.org/get-help/foodbycity/get-food-martinezpleasant-hill.html)

Community Produce Program (15-20 FREE fresh produce, 2x/month)

- Martinez Health Center, 2500 Alhambra Blvd, Martinez (2nd & 4th Monday, 12:00-1:00pm)
- Boys & Girls Club Martinez, 1301 Alhambra Ave, Martinez (2nd & 4th Friday, 12:00-1:00pm)

- Pleasant Hill Seventh Day Adventist, 800 Grayson Rd, Pleasant Hill (2nd & 4th Friday, 2:00-3:00pm)
- Las Juntas Elementary, 4105 Pacheco Blvd, Martinez (2nd & 4th Friday, 4:00-5:00pm)

Food Assistance Program (FREE groceries, 1x/month)

• **Boys & Girls Club Martinez**, 1301 Alhambra Ave, **Martinez** (1st Monday, 10:00am-12:00pm)

Food for Children (Boxes of FREE food for children 4-6)

• **Church of the Nazarene**, 1650 Ashbury Dr, **Concord** (4th Monday, 10:00am-12:00pm)

<u>Senior Food Program</u> (FREE groceries twice a month)

• **Teamsters Local 315 Hall**, 2727 Alhambra Ave, **Martinez** (1st & 3rd Thursday, 9:00-10:00am)

Pittsburg (https://www.foodbankccs.org/get-help/foodbycity/get-food-pittsburg.html)

Community Produce Program (15-20 FREE fresh produce, 2x/month)

- Buchanan Park, 4150 Harbor St, Pittsburg (1st & 3rd Tuesday, 12:00-1:00pm)
- **Pittsburg City Park**, 167 N. Parkside Dr (near the baseball fields), **Pittsburg** (1st & 3rd Tuesday, 2:00-3:00pm)
- **First Baptist Family Life Center**, 224 Linda Vista, **Pittsburg** (1st & 3rd Thursday, 11:30am-12:30pm)
- WIC Pittsburg, 2311 Loveridge Rd, Pittsburg (1st & 3rd Thursday, 1:30-3:00pm)
- The Pentecostals, 310 Central Ave, Pittsburg (2nd & 4th Thursday, 12:00-1:00pm)
- **Solomon Temple**, 655 California Ave, **Pittsburg** (2nd & 4th Thursday, 2:00-3:00pm)
- El Pueblo Housing Development, 875 El Pueblo Ave, Pittsburg (2nd & 4th Sunday, 12:30-1:30pm)

<u>Food Assistance Program</u> (FREE groceries, 1x/month)

- Solomon Temple, 655 California Ave, Pittsburg (1st Tuesday, 10:00am-12:00pm)
- **First Baptist Church**, 224 Linda Vista, **Pittsburg** (1st & 3rd Thursday, 10:30am-12:30pm)

Food for Children (Boxes of FREE food for children 4-6)

- Solomon Temple, 655 California Ave, Pittsburg, 1st Tuesday, 10:00am-12:00pm
 Senior Food Program (FREE groceries twice a month)
- Church of the Good Shepherd, 3200 Harbor St, Pittsburg (2nd & 4th Thursday, 10:00am-11:00am,
 - Serves people living south of Highway 4)
- Diane Avenue Church of Christ, 283 Diane Ave, Pittsburg (2nd & 4th Thursday, 10:00am-11:30am, Serves people living north of Highway 4)

Richmond (https://www.foodbankccs.org/get-help/foodbycity/get-food-richmond.html)

<u>Community Produce Program</u> (15-20 FREE fresh produce, 2x/month)

- Richmond Annex Senior Center, 5801 Huntington Ave, Richmond (1st & 3rd Monday, 10:00-11:00am)
- Richmond Veteran's Memorial Hall, 968 23rd St, Richmond (1st & 3rd Monday, 12:00-1:00pm)
- Nevin Community Center, 598 Nevin Ave, Richmond (2nd & 4th Tuesday, 10:00-11:00am)
- North Richmond Missionary Baptist, 1427 Fred Jackson Way, Richmond (1st & 3rd Thursday, 12:00-1:00pm)
- West County Courthouse, 39th Street & Bissell Ave, Richmond (1st & 3rd Thursday, 2:00-3:00pm)
- Living Hope Neighborhood Church, 2800 Rheem Ave, Richmond (1st & 3rd Saturday, 10:00-11:00am)
- Sojourner Truth, 2621 Shane Dr, Richmond (1st & 3rd Saturday, 12:00-1:00pm)
- **Kennedy High School**, 4300 Cutting Blvd, **Richmond** (1st & 3rd Saturday, 2:00-3:00pm)
- **Booker T. Anderson**, 960 South 47th St, **Richmond** (2nd & 4th Saturday, 12:00-1:00pm)

Food Assistance Program (FREE groceries, 1x/month)

- North Richmond Missionary Baptist, 1427 Fred Jackson Way, Richmond (3rd Tuesday, 10:00am-12:00pm)
- Southside Church of Christ, 1501 Florida Ave, Richmond (4th Tuesday, 10:00am-12:00pm)

<u>Food for Children</u> (Boxes of FREE food for children 4-6)

• WIC San Pablo, 501 Gateway Ave, San Pablo (Last Friday, 10:00am-12:00pm)

<u>Senior Food Program</u> (FREE groceries twice a month)

- Independent Community Church, 605 S. 16th St, Richmond (1st & 3rd Friday, 10:30-11:30am)
 - Moose Lodge #550, 4660 Appian Way, El Sobrante (1st & 3rd Friday, 11:00am-12:00pm)
- **Booker T. Anderson**, 960 South 47th St, **Richmond** (2nd & 4th Friday, 9:30-11:00am)
- **Multicultural Senior Center**, 515 Silver Avenue, **North Richmond** (2nd and 4th Friday, 10:30-11:30am)

Rodeo (https://www.foodbankccs.org/get-help/foodbycity/get-food-rodeo.html)

Community Produce Program (15-20 FREE fresh produce, 2x/month)

• Bayo Vista Child Care Center, 2 California St, Rodeo (2nd & 4th Thursday, 4:00-5:00pm)

Food Assistance Program (FREE groceries, 1x/month)

• Bayo Vista Child Care Center, 2 California St, Rodeo (2nd Tuesday, 10:00am-12:00pm)

Food for Children (Boxes of FREE food for children 4-6)

• WIC San Pablo, 501 Gateway Ave, San Pablo (Last Friday, 10:00am-12:00pm)

<u>Senior Food Program</u> (FREE groceries twice a month)

• Rodeo Senior Center, 199 Parker Ave, Rodeo (2nd & 4th Friday, 9:00-10:00am)

San Pablo (https://www.foodbankccs.org/get-help/foodbycity/get-food-san-pablo.html)

Community Produce Program (15-20 FREE fresh produce, 2x/month)

- Contra Costa College, 2600 Mission Bell Dr, San Pablo (1st & 3rd Monday, 2:00-3:00pm)
- Davis Park, 1651 Folsom Ave, San Pablo (2nd & 4th Friday, 12:00-1:00pm)
- West County Health Center, 13601 San Pablo Ave, San Pablo (2nd & 4th Saturday, 2:00-3:00pm)

<u>Food Assistance Program</u> (FREE groceries, 1x/month)

• Davis Park, 1651 Folsom Ave, San Pablo (3rd Monday, 10:00am-12:00pm)

• Montara Bay Community Center, 2250 Tara Hills Dr, San Pablo (2nd Monday, 10:00-11:30am)

<u>Food for Children</u> (Boxes of FREE food for children 4-6)

• WIC San Pablo, 501 Gateway Ave, San Pablo (Last Friday, 10:00am-12:00pm)

<u>Senior Food Program</u> (FREE groceries twice a month)

• Maple Hall, 13831 San Pablo Ave, San Pablo (1st & 3rd Friday, 10:00-11:00am)

Walnut Creek

(https://www.foodbankccs.org/get-help/foodbycity/get-food-walnut-creek.html)

Community Produce Program (15-20 FREE fresh produce, 2x/month)

- **Church of the Nazarene**, 1650 Ashbury Dr, **Concord** (1st & 3rd Wednesday, 12:00-1:00pm)
- WIC Concord, 2355 Stanwell Cir, Concord (1st & 3rd Wednesday, 2:00-3:00pm)
- **St. Bonaventure's Church**, 5562 Clayton Rd, **Concord** (1st & 3rd Wednesday, 4:00-5:00pm)
- La Clinica de la Raza, 2000 Sierra Rd, Concord (1st & 3rd Saturday, 10:00-11:00am)
- Cambridge Elementary, 1135 Lacey Ln, Concord (1st & 3rd Saturday, 12:00-1:00pm)
- Mt. Diablo High School, 2611 East St, Concord (1st & 3rd Saturday, 2:00-3:00pm).

<u>Food Assistance Program</u> (FREE groceries, 1x/month)

• St. Paul's Episcopal Church, 1924 Trinity Ave, Walnut Creek (4th Monday, 10:00-11:30am)

Food for Children (Boxes of FREE food for children 4-6)

• Church of the Nazarene, 1650 Ashbury Dr, Concord (4th Monday, 10:00am-12:00pm)

<u>Senior Food Program</u> (FREE groceries twice a month)

• Walnut Creek United Methodist Church, 1543 Sunnyvale Ave, Walnut Creek (1st & 3rd Thursday, 10:00am-11:00am)

MENTAL HEALTH TREATMENT

Contra Costa Mental Health Access Line (888) 678-7277, available 24/7. County residents can get appointments to county mental health services in the area.

HealthRIGHT 360 offers a continuum of mental health and substance abuse treatment options. Call 415-762-3700

Contra Costa Crisis Center: if you are in a crisis or need help immediately please call 211 or 800-833-2900 or text "HOPE" to 20121. Grief support line is 800-837-1818. All are 24/7 and confidential. Online crisis-center.org.

Alameda County: Crisis Support Services available 24/7 at 1-800-273-8255. Do not have to be experiencing suicidal thoughts or feelings to call. Or free Text Line Program available 4:00 p.m. -- 11:00 p.m. 7 days. Text SHARE to 20121. More info: https://www.crisissupport.org/programs/text-line/

SF Suicide Prevention Crisis Line is available 24/7 at 415-781-0500.

National Suicide Prevention Crisis Line available 24/7 at 1-800-273-8255.

Rainbow Community Center builds community and promotes well-being among LBGTQ+ communities and allies in Contra Costa. Call 925-692-0090 or 925-692-0090 http://www.rainbowcc.org/

California Peer-Run Warm Line is available to provide emotional support. This is not a crisis line but provides emotional support as needed. Available 24/7 at 855-845-7415.

SUBSTANCE ABUSE TREATMENT

Dial 211 from any phone to access the Contra Costa Crisis Center which has a database of social service and health information 24/7.

MANY GROUPS IN CONTRA COSTA ARE HAVING VIDEO MEETINGS ONLINE, WHICH ARE ACCESSIBLE BY PHONE, TABLET OR COMPUTER:

Alcoholics Anonymous CC Co

Walnut Creek, California (6.31 Miles) Contra Costa Service Center 24 Hr Answering Svc: (925)939-4155

Main: (925) 939-5371

Site: www.contracostaaa.org

Only one location is currently offering in-person meetings at the Concord Fellowship at 1591 Broadway Street, Concord, CA 94520. Call the hotline or check on website www.contracostaaa.org for meeting times.

<u>Online</u>: You can also visit aa-intergroup.org for information on online meetings (through Zoom). There are also links to online chat rooms and forums where you can talk to others.

Narcotics Anonymous CC Co

http://www.contracostana.org/

24-hour helpline 925-685-HELP (4357) 7:00 pm meeting daily via Zoom Meeting ID: 582 979 9229

Meetings in Spanish, website is norcana.org 24/7 information on meetings (855) NOR-CANA (667-2262)

Spanish-speaking meetings available via Zoom:

Daily at 7:00pm via Zoom Meeting ID: 657 677 4613

Tuesdays at 6:00 pm via Zoom Meeting ID: 645 001 755

Sundays at 1:00 pm via Zoom Meeting ID: 683 331 215

For women, only, Thursdays at noon via Zoom Meeting ID: 997 665 439

Lifering -- Non-Secular Meeting

https://www.lifering.org/

Lifering is offering three video meetings most days starting from 9:00 am to 7:00 pm. The videos meetings are administered through the Zoom app which is free (and easy!) to use. There is also a 24-hour chat room available on their website: www.lifering.org.

SF Aids Foundation 6th Street Harm Reduction Center: includes mobile syringe access sites will provide syringe distribution & disposal services. Clinical services will be available at the Harm Reduction Center Monday through Friday. More info here

6th Street Harm Reduction Center hours (week of March 23):

117 6th Street San Francisco, CA 94103 (between Mission St. & Minna St.)

Monday, 3/23: 11 am – 4 pm Hep C Virus Wellness: 11 am–1 pm Tuesday, 3/24: 11 am – 4 pm Hep C Virus Wellness: 11 am–1 pm Wednesday, 3/25: 11 am – 4 pm Hep C Virus Wellness: 11 am−1 pm

Thursday, 3/26: 11 am – 4 pm

Hep C Virus Wellness: 11 am−1 pm

Friday, 3/27: 11 am – 4 pm

Hep C Virus Wellness: 11 am−1 pm

Saturday, 3/28: 4 pm – 8 pm

Mobile syringe sites:

Tuesday, 3/17: Duboce site (Bikeway behind Safeway), 6 pm – 8 pm

Wednesday, 3/18: Weise Alley (at 16th), 6 pm – 8 pm

Thursday, 3/19: Hemlock Alley (off Polk St., between Post & Sutter), 7 pm – 9 pm

Friday, 3/20: 16th & Mission St., 7 pm – 9 pm

Syringe Pick Up Crew will provide rapid response syringe pickups 7 am – 7 pm, Monday – Sunday.

COVID-19 Guidance for People Who Use Drugs and Harm Reduction Programs

Harm Reduction Tips

Some of these are easier to do than others, and some may seem impossible depending on your current situation. Do the best you can. Reach out to friends, harm reduction, syringe service providers (SSP), and other health or social service providers to plan for what to do so you can stay safe and take care of one another.

Practice Safer Drug Use

MINIMIZE THE NEED TO SHARE YOUR SUPPLIES. Don't share e-cigs/cigarettes, pipes, bongs or joints, or nasal tubes such as straws. If you have to share, practice harm reduction with your supplies (wipe down the mouthpieces with an alcohol swab before sharing or use separate mouthpieces). Put used smoking, snorting, and injecting equipment in a bio-bucket so people know they are used.

MINIMIZE CONTACT. If you are having sex or doing sex work, COVID-19 can be transmitted by close contact like coughing, kissing, or direct contact with bodily fluids. Try to minimize close contact and ensure condom use.

PREPARE YOUR DRUGS YOURSELF. Wash your hands thoroughly for 20 seconds with soap and water and prepare your own drugs. Keep your surfaces clean and wipe them down before and after use, with microbial wipes, alcohol (at least 70%), or bleach. If you can't prepare your own drugs, stay with the person who is. Get them to wash their hands thoroughly, and to clean up before and after.

PLAN & PREPARE FOR OVERDOSE. Emergency services might be stretched in a COVID-19 outbreak, and slow to respond to 911 calls. Load up on naloxone and fentanyl testing strips. If you are alone, experiment with using less to lower your risk of OD, and go slowly. If you are using with others, make an OD plan with them and stagger use if possible. Store a breathing mask for use in case rescue breathing is needed.

Keep Clean & Practice Hygiene

KEEP YOUR SPACE CLEAN. Wipe down surfaces where you prepare drugs, before and after use, with antimicrobial wipes, alcohol (at least 70%), or bleach. Before and after handling drugs, wash your hands with soap and water, or use alcohol-based hand sanitizer, including after you purchase the drugs. Wipe down drug packages. Wipe down countertops, sinks, doorknobs, and any other surfaces that hands can touch.

WASH YOUR HANDS. If you have access to clean water, wash your hands with soap for 20 seconds. (Sing the "Happy Birthday" song twice or the "ABC Song" once.) If you don't have soap and water, use an alcohol-based hand sanitizer (at least 60%). Wash after every time you are around other people, such as on public transportation, after purchasing drug packages, etc.

STAY CLEAR IF YOU'RE SICK. If you have symptoms or think you're getting sick, don't go to your local SSP. Hopefully you have enough of a stash to get through, but if not, does your SSP deliver? Are there secondary exchangers who can come by? If you have symptoms of COVID-19, get checked out by a doctor. If you have HIV or have a weakened immune system, it is particularly critical to remember to take all your medications daily.

Stock up

STOCK UP ON SUPPLIES. Work with your local SSP to get enough syringes and injecting equipment to last you 2 to 4 weeks. Note: Your local SSP may have syringe and supply shortages, so they may not be able to do this.

STOCK UP ON DRUGS. If possible, try to stock up on your drug of choice. Be safe: Having larger amounts of drugs can be dangerous if you are stopped by police or someone desperate enough to target you for them.

STOCK UP ON MEDICATIONS. Access to prescription meds may be limited in an outbreak. Ask your medical provider about getting a full month's supply if possible. If you take methadone/buprenorphine, ask your clinic or doctor to make a plan to prevent disruptions to your dose. Ask about their emergency plans for patients (refills over the phone, telehealth visits, etc.).

PREPARE FOR A DRUG SHORTAGE. You might lose access to your drug of choice in an outbreak. Consider alternative drugs or medications that could help take the edge off. If facing potential opioid withdrawal, consider buying over the counter medications to make it less difficult (ibuprofen, Pepto-Bismol, Imodium). For opioid dependence, you can work with your local SSP to enroll with a local provider for buprenorphine or methadone.

MEDICAL RESOURCES

Contra Costa Health Services Re-entry Health Conductors and Social Workers are currently in County health centers in Contra Costa County serving clients and patients. Re-entry Health Conductors and Health Navigators are assisting in person with Medi-Cal applications, Cal Fresh and SDI, as well as connecting people to shelters, and food.

The Transitions Clinic - specifically designed to provide medical treatment and care to those justice involved can see people via appointment made by Re-entry Health Conductors. The Transitions Clinic medical providers are following up with patients over the phone and can refill or fill prescriptions - the providers can be reached through a Re-entry Health Conductor.

The health centers that are offering these services are: West County Health Center, Pittsburg Health Center, Concord Health Center and Brentwood Health Center - the hours of operation: 8:30-5:00, Monday thru Friday. Re-entry Health Conductors for East County # 925-979-8573 and 925-500-3011; Re-entry Health Conductors for West County # 707-515-5988.

Point Person is **Tiombe Mashama** - (510) 231-1333 or (925) 335-7652 or tmashama@cchealth.org

Non-Emergency Medical Transportation for Medi-Cal Health Coverage in Alameda and Contra Costa Counties

If you have either straight fee-for-service Medi-Cal or Medi-Cal under a Managed Care Plan, you are eligible to receive FREE transport in a taxi-like service or van to your medical appointments, dental appointments, mental and behavioral health care appointments, pharmacy visits, and any other services covered by Medi-Cal. This service is for people who cannot use public or private transportation to get to and from covered services. Try to call 5-7 days in advance. You need your medical record number, Medi-Cal card, or ID # on your Managed Care Plan card.

Wheelcare Express Transport - Fee for Service Medical; adult with no childcare duties: 510-436-5040 -

Joyful Hearts Community Services Transport - Fee for Service Medi-Cal; for adults, and minors and their parents: 510-499-3525

Anthem Blue Cross - 1-877-931-4755

Alameda Alliance - 1-866-791-4158, dial #1

Contra Costa Health Plan - 855-222-1218

COVID-19 Prevention Recommendations

- Wash your hands as often as possible and for a minimum of 20 seconds
- Cover your mouth with a tissue or sleeve when coughing or sneezing
- Avoid touching your face
- Use tissues and throw them away
- Clean items around you like doorknobs, tables and phones
- Do not travel, even locally
- Stay away from others as much as possible
- Call before visiting doctor

Watch for Symptoms

- Typical Symptoms (stay home and away from other people)
 - o Fever
 - Cough
 - o Shortness of breath
- Emergency warning symptoms (seek immediate medical attention)
 - o Difficulty breathing or shortness of breath
 - o Persistent pain or pressure in the chest
 - o New confusion or inability to arouse
 - o Bluish lips or face

Testing

Currently, the Bay Area is limited in capacity for COVID-19 testing but services are slowly expanding.

East Bay: Lifelong will be providing no charge COVID-19 testing, but you must be enrolled with Lifelong as your primary care provider, have symptoms and must call 510-981-4100 first to see if you're eligible for testing or to enroll with Lifelong.

<u>Hayward Fire Department is offering free COVID-19 screening</u> and tests regardless of residency or status. No referral needed. Results can be available in as little as 6 hours or next day in most cases. Can test up to 350 cases/day. 28270 Huntwood Ave. Hayward, Ca 9a-6p

San Francisco:

Kaiser Permanente Northern California is offering limited drive-through testing in San Francisco for Kaiser members with an appointment referral. Contact your primary care provider to see if you meet the criteria for testing.

Undocumented families who plan to apply for documentation in the future should still seek testing/treatment for COVID. COVID is public charge exempt.

Get medical help if you have emergency symptoms

- Contra Costa Health Advice Nurse: 877-661-6230
- Contra Costa Healthcare for the Homeless: 925-608-5300
- **Homeless Ambulatory Care Clinics** (925-608-5300 for appointments):
 - o **Miller Wellness Center**: 25 Allen Street, Martinez (Friday mornings)
 - West County Health Center: 13601 San Pablo Ave., San Pablo (Tuesday mornings)
- **Respite Clinic**: 2047D Arnold Industrial Way, Concord (Monday, Wednesday, Thursday, Friday mornings)

EDUCATION AND CHILD CARE

EDUCATION

Contra Costa County Office of Education (CCCOE) developed a Curriculum/Learning Resource: one-stop resource with links to online learning sites, compiled by grade and subject. You will need access to the internet to access the curriculum and learning resources.

***Comcast, XFINITY and Sonic are offering free wi-fi for a limited time. For clients seeking to take advantage of this, it's important to frame it as "I have a child who needs access to the internet in order to keep up in school."

Comcast Internet Essentials service: link to application and information

CCCOE Curriculum:

• English curriculum found here:

https://docs.google.com/document/d/1I103_5sCQ7QLESMOa5SXM7RkQfLD6L7WynodIKaa3UM/edit#

- o Pre-School/Pre-K
- Kindergarten & Transitional Kindergarten
- o Grades 1-2
- o Grades 3-5
- o Grades 6-8
- o Grades 9-12

• Spanish Curriculum found here:

 $https://docs.google.com/document/d/1ngV4dOUx4tTZZHg_CKGTIwvrENZfr2qB5kI_n-H12Ik/edit$

- o Pre-School/Pre-K
- Kindergarten & Transitional Kindergarten
- o Grados 1-2
- o Grados 3-5
- o Grados 6-8
- Grados 9-12

Follow the CCCOE on twitter [@CoCoSchools] for updates on learning materials and access to resources -- like free meal services.

ADDITIONAL/SUPPLEMENTAL EDUCATION INFORMATION

- (1) Free Online Education Resources
 - Early Child Development Kit, a resource from UNICEF that gives caregivers age-appropriate activities to play with children: <u>Link to Early Child Development Kit</u>
 - Activity ideas for parents whose families are sheltering in place, social distancing, and homeschooling due to school closures amidst COVID-19 outbreak: <u>link to Activities for Children and Adolescents from The National Child Traumatic Stress Network, 2020</u>
 - PBS Learning Media provides free educational resources aligned with state standards: link to PBS Learning Media
 - Children's Book Authors Doing Online Read Alouds + Activities: <u>link to WeAreTeachers</u>
 Article
 - Audible is offering free audiobooks for kids during COVID-19 School closures: audiobooks available for preschoolers through teens: <u>link to article</u>

(2) Students with Disabilities

- US Department of Education Q&A sheet on the states responsibilities to infants, toddlers, and children with disabilities and their families: <u>Link to U.S. Dept of Eucation.</u> Q&A
- Facebook page with educational resources for parents of children with special needs: <u>link</u> to Facebook page

- California Deafblind Services: <u>link</u> - offering tips, ideas, and strategies for supportive active engagement during school closures

Two CDBS members will be live every weekday through Zoom (free online video conferencing). English 2-2:30pm and Spanish 4-4:30pm. Email Myrna (https://www.cadbs.org/our-team/) and she will send you the Zoom link.

Read more: http://www.cadbs.org/

- (3) Helping Children Cope with Emergencies / Trauma
 - [Podcast] Back To School Preparedness Podcast from CDC guiding parents on how to develop and emergency preparedness plan for kids as they head back to school: <u>link to</u> <u>Podcast on CDC</u> from Aug 2019
 - How to talk to your child about Coronavirus: <u>link from UNICEF</u>
 - Parent Guide to helping families cope with coronavirus: from The National Child
 Traumatic Stress Network in 2020
 - English language <u>link</u>
 - Spanish language <u>link</u>
 - Chinese language <u>link</u>
- (4) Contra Costa County Stay-At-Home Order FAQS: English / Spanish

CHILD CARE

On March 22, 2020, Governor Newsom issued a new public health order affecting all California child care providers, including family child care homes. That order says that you can only stay open to care for children of *essential workers*, and must use heightened cleaning and distancing rules in place for COVID-19. This means that there is now a *statewide* order to close all child care centers and family child care homes unless they are caring for a child of a parent or guardian working in one of the **16 essential sectors**.

The Governor explains that essential services are things like: gas stations, pharmacies, grocery stores, food banks, take-out and delivery, banks, laundry, agriculture, healthcare, transportation, communications, essential state and local government functions.

Childcare facilities can provide services that enable employees who are exempted from the health officer order to go to work as permitted. To the extent possible, childcare facilities must operate under the following mandatory conditions:

- 1. Childcare must be carried out in stable groups of 12 or fewer. "Stable" means that the same 12 or fewer children are in the same group each day.
- 2. Children shall not change from one group to another.

- 3. If more than one group of children is cared for at one facility, each group shall be in a separate room. Groups shall not mix with each other.
- 4. Childcare providers shall remain solely with one group of children.

Questions and Answers about the impact of Coronavirus on CA Childcare:

https://www.childcarelaw.org/2020/03/questions-and-answers-about-the-impact-of-the-coron avirus-on-family-child-care-in-california/

Resource and Referral for Child Care in Contra Costa

CocoKids

www.cocokids.org

- Families should fill out a request for child care form at the cocokids.org website.
- Families can also fill out a form for child care subsidy & paying for care.

Office Address: 1035 Detroit Ave., Ste. 200, Concord, CA 94518

Referral Hours: Monday - Friday 8:00 a.m. - 5:00 p.m.

Referral Number: 925-676-5437

Administration Number: 925-676-5442

Fax Number: 925-825-2732

West County Office

Office Address: 3220 Blume Drive, Plaza One - Ste. 139, Richmond, CA 94806

Referral Hours: Monday - Friday 8:00 a.m. - 4:00 p.m.

Referral Number: 510-758-5439

Administration Number: 510-758-2099

Fax Number: 510-243-6540

East County Office

Office Address: 5095 Lone Tree Way, Antioch, CA 94531

Referral Hours: Monday – Friday 8:00 a.m. – 5:00 p.m.

Referral Number: 925-778-5437

Administration Number: 925-778-4739

Fax Number: 925-778-6241

IMMIGRATION RESOURCES

East Oakland Dreamer - https://eastoaklanddreamers.org/.

If you are an undocumented migrant youth (15-30 years old) or migrant guardian of youth aged (0-20) and affected by the shelter-in-place order you may be eligible for a grant awards. The awards will be determined by number of applicants and donations.

San Francisco Immigration Court -

https://www.justice.gov/eoir/san-francisco-immigration-court#about

Immigration court continues to operate despite the Covid-19 crisis. Please call (415) 705-4415 for additional information.

<u>U.S. Citizenship and Immigration Services (USCIS)</u> https://www.uscis.gov/greencard/public-charge

- USCIS will not consider testing, treatment, or preventive care (including vaccines if a vaccine becomes available) related to COVID-19 in a public charge inadmissibility determination, even if the health care services are covered by Medicaid.
- It is safe and smart to see the doctor if you need care. Your doctor is required to honor your right to privacy. You do not need to share any information about your immigration status unless you apply for Medicaid or other health coverage.

<u>US Department of Health & Human Services - https://findahealthcenter.hrsa.gov/</u>

- You can still see a doctor without medical insurance. This includes care you receive in the emergency room, at community and migrant health centers, free clinics, and public hospitals. If you don't have a doctor, call a local community health center for assistance. You can find a health center by going to above listed link.
- **Hospitals and health care spaces are safe to visit**. Federal guidelines prohibit immigration agents from conducting arrests or other enforcement actions at health care facilities, such as hospitals, doctors' offices, health clinics, and urgent care facilities.
- **Doctors and nurses care about your health, not your immigration status.** Patients can seek care with confidence that their personal information is private.

Immigration agencies also have a policy of avoiding enforcement actions in health care facilities like hospitals, health clinics, urgent care and doctors' offices.

To learn more about your rights when accessing health services:

https://protectingimmigrantfamilies.org/wp-content/uploads/2020/02/You-Have-Rights-Protect-Your-Health-Updated-February-2020-ENGLISH.pdf

National Immigration Law Center -

https://www.nilc.org/issues/education/complaint-form-violations-of-sensitive-locations-policy-school/

- If you feel your rights or the rights of someone you know have been violated, you can file an immigration enforcement civil rights complaint.
- Immigrants can continue to access services at community health centers, regardless of their immigration status, and at a reduced cost or free of charge depending on their income. However, people should call first to find out the availability of COVID-19 screening and testing. Health centers may do patient assessments over the phone or using telehealth. To learn more:
 - https://www.nilc.org/issues/health-care/update-on-access-to-health-care-for-immigrants-and-their-families/

LifeLong Medical Care -

https://www.lifelongmedical.org/17-articles/about-us/227-covid-19-updates.html

• Lifelong will be providing no charge COVID-19 testing, but you must have symptoms and must call 510-981-4100 first to see if you're eligible for testing.

La Casa de Las Madres

• La Casa's drop-in center <u>is closed until April 7th</u>. Services available include confidential emergency shelter, 24/7 crisis line, safety planning, advocacy & information and referral. For support, please call La Casa's 24/7 hotline at 877-503-1850, or message our text line at 415-200-3575.

Asian Pacific Policy and Planning Council -

http://www.asianpacificpolicyandplanningcouncil.org/stop-aapi-hate/

• If you have experienced or witnessed any anti-Asian hate crime in the wake of COVID-19 contact the Asian Pacific Policy and Planning Council at phone number: (213) 239-0300 or e-mail at: info@a3pcon.org.

<u>Asian Women's Shelter</u> - https://www.sfaws.org/

• Emergency shelter will remain open 24/7 with reduced number of essential staff, with protocols for monitoring and responding to changing health conditions;

- AWS will continue to answer its multilingual crisis line (415-751-7110 or 877-751-7110), Monday through Friday from 9 to 5, from off-site;
- WOMAN Inc. will continue to answer the crisis line in the evenings and on weekends
- Resources for crisis lines, transitional housing and counseling: https://www.sfaws.org/resources

<u>California Immigrant Youth Justice Alliance -</u> https://ciyja.org/covid19/

• Cities like San Francisco are protecting tenants from evictions during these times, we want to also encourage folks to (safely) organize their apartment complexes, units, neighborhoods to demand landlords hold off on rent for the next few months as we collectively work through this pandemic. The governor of California has encouraged localities to hattevictions, slow foreclosures, and protect against utility shut offs during this time, so we encourage folks to reach out to landlords and inform them of this.

Emergency Shelters and Crisis Lines

Rosalie House:

415-255-0165

http://www.rileycenter.org/services-emergency-shelter.html

WOMAN, Inc. 1-877-384-3578; http://www.womaninc.org